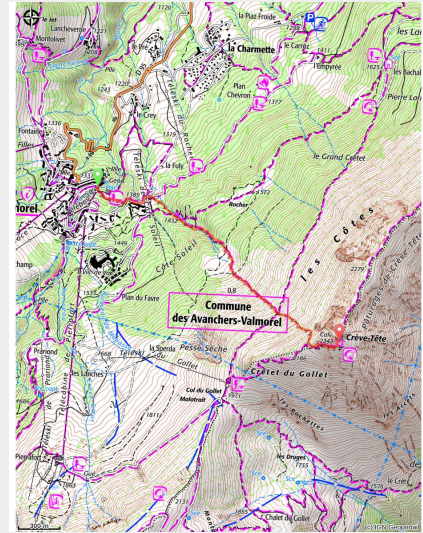


K.-V. of Crève Tête

Vanoise - LES AVANCHERS-VALMOREL



The ideal vertical kilometre. Crude, heavy, short but very intense effort.

Useful information

Practice : Trail

Duration : 1 h 15

Length : 2.7 km

Trek ascent : 971 m

Difficulty : Challenging

Type : Crossing

Themes : Summit , Viewpoint

Trek

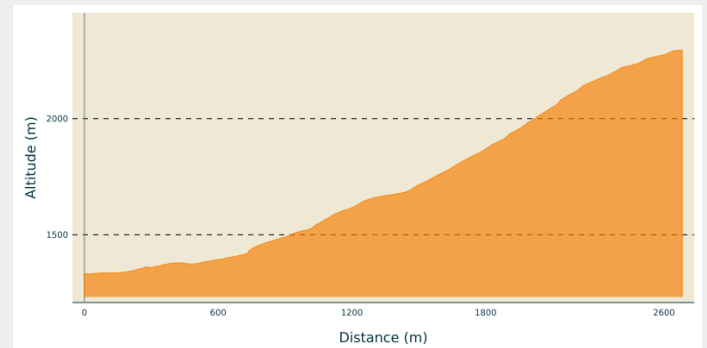
Departure : Beach volleyball court, Valmorel resort

Arrival : Crève-Tête summit

Markings :  PR

Cities : 1. LES AVANCHERS-VALMOREL
2. SAINT-JEAN-DE-BELLEVILLE

Altimetric profile



Min elevation 1332 m Max elevation 2295 m

The shortest way to get from one point to another. You can do this route in competition during the Mad'Trail, a sporting event held in mid-July in the resort of Valmorel (Altitude 1340).

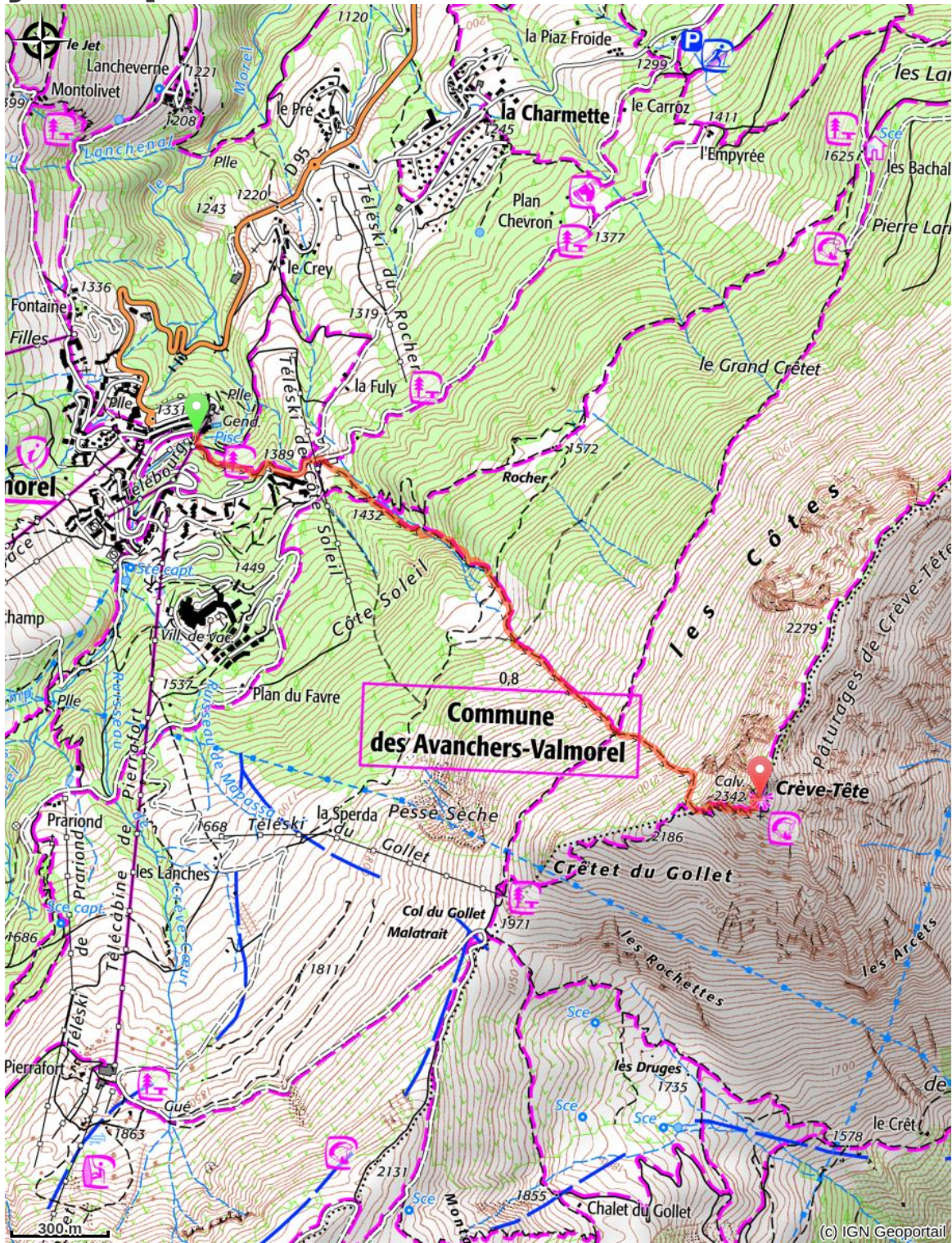
2.8 kms of pure alpine style ascent and almost 1000 elevation gain to be swallowed from the beach volleyball ground of the resort of Valmorel.

Symbolically, you will have to touch the cross on the summit of Crève-Tête (altitude 2342). This is when you will understand why you made such an effort.

The view is spectacular! A 360° which makes you appreciate the Massif of La Lauzière, the valley of Nâves, the valley of Belleville, the glaciers of the Vanoise and, weather permitting, the Mont Blanc.

Enjoy these magical moments!

On your path...



All useful information

How to come ?

Access

From Albertville, RN90 (exit 37), RD97 (through La Léchère), then RD97A (through Bellecombe) then RD95 to Valmorel.

From Moûtiers, RN90 (exit 38), RD92 (through Aigueblanche), then RD94 to the roundabout, then RD95 to Valmorel.

Advised parking

Car park P4, P5 et P6, Valmorel