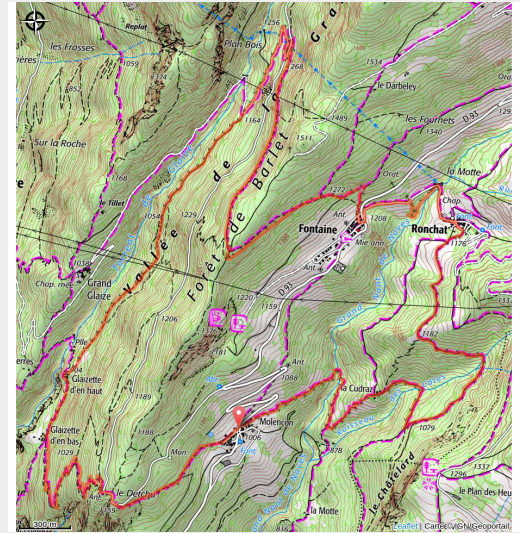


The Glaizette (B6)

Beaufortain - LA LECHERE



Discover the Valley of the Grand House and its beautiful Barlet forest.

Useful information

Practice : Walking hike

Duration : 5 h

Length : 14.3 km

Trek ascent : 945 m

Difficulty : Difficult

Type : Loop

Themes : Architecture, Flora ,
Viewpoint

Trek

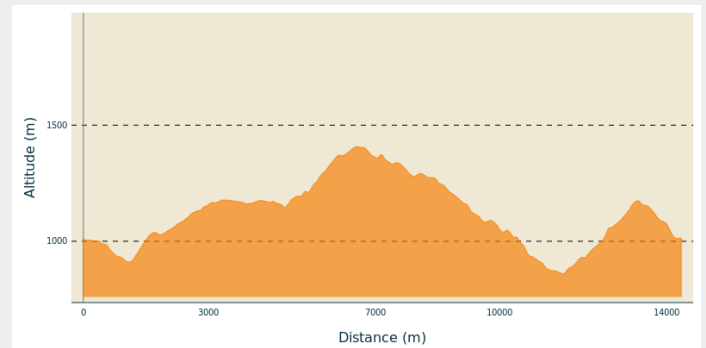
Departure : Hameaux de Fontaine ou Molençon, Nâves

Arrival : Hameaux de Fontaine ou Molençon, Nâves

Markings : — PR

Cities : 1. LA LECHERE

Altimetric profile



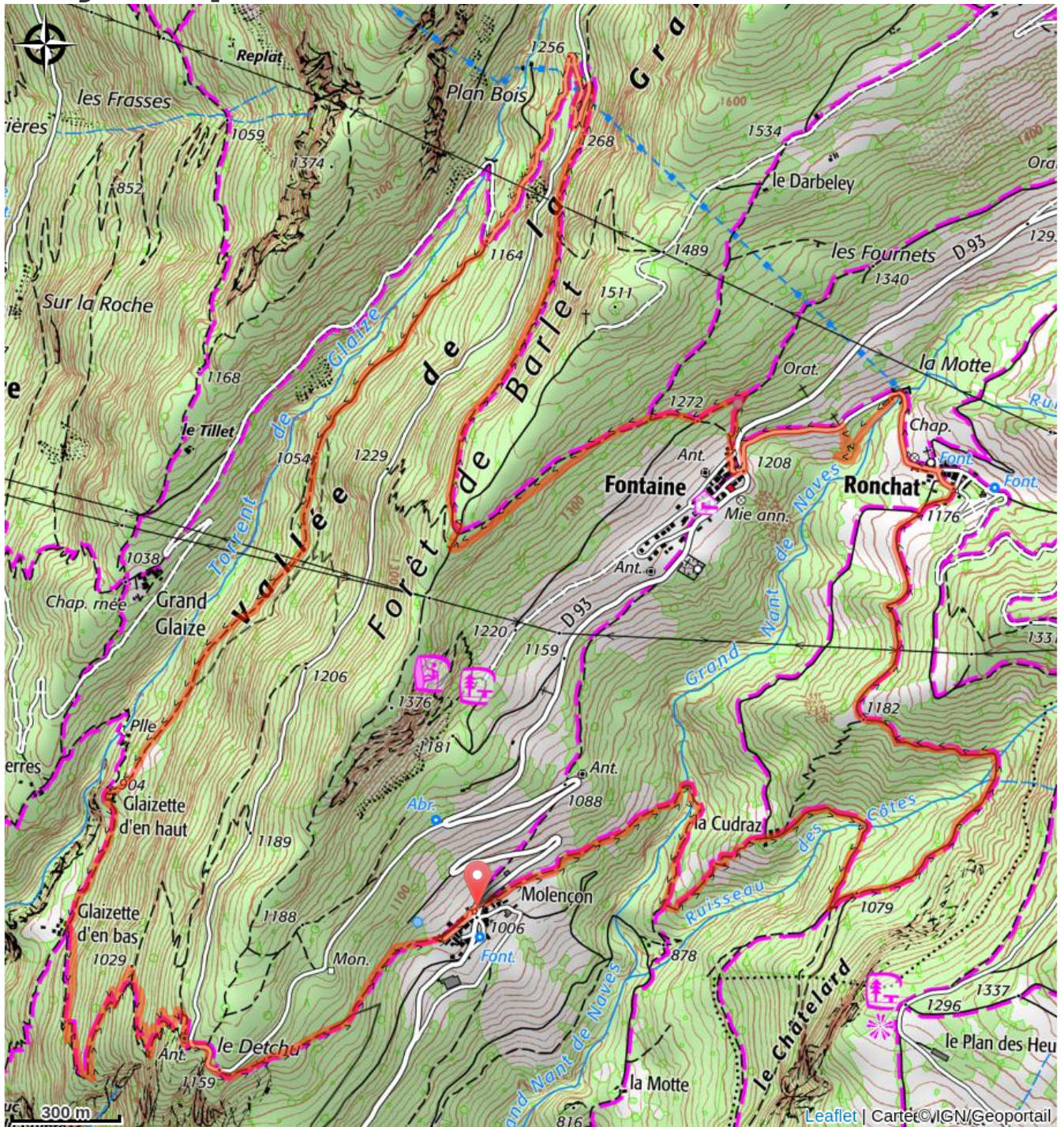
Min elevation 860 m Max elevation 1407 m

Starting at Molençon (1600m), take the path of the Grand Tour of Tarentaise, on the right hand side after the hamlet, until arriving at La Cudraz (1030m). Continue on the right, through the forest to reach the Ronchat village (1176m) offering a view of the Morel Valley. Find the road and walk along until you breach the 'Grant Nant de Nâves' bridge, after which the path takes a left turn into the woods which holds the ruins of an ancient windmill.

Follow the path up to the road which to the village of Grand Glaize (1038m). Here is a great place to fill up a water bottle and admire the view of the Lauzière mountain massif and its highest peak 'Grand Pic' (2832m).

The path then winds downhill through 'Glaizette d'en bas' (825m) and 'Glaizette d'en Haut' (900m). Cross the Glaize torrent before climbing up the steep hill to 'Detchu' (1175m). Re-join Molençon using the last downhill forest track.

On your path...



All useful information

AdVICES

Not advised for beginners or people with physical conditions due to its length and elevation.

Recommended on hot and dry days.

How to come ?

Access

If you start from Molençon: As you arrive from Albertville on the N90, take exit 37 towards N.D. de Briançon/La Léchère/Doucy/Valmorel. Continue on the D990 for a kilometre before taking a left turn on 'Rue de la Digarde'. As you'll join 'Rue St. Eusebe de Cors', turn left. Take the mountain road until arriving at Molençon.

If you start from Fontaine: Take the same access route as if you were going to Molençon but keep going after the village to arrive a few minutes later in Fontaine.

Advised parking

Parking Molençon

Information desks

Office de Tourisme La Léchère-les-Bains

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