



En route to the hamlets around Le Morel

Tarentaise - LES AVANCHERS-VALMOREL

Vallée du Morel (CCVA)



Get a glimpse of what life was like in the mountains here long ago and of its active farming activity today.

Along this sweeping route, delve into both the region's mountain lifestyle in times past and its active farming activity today. Ride through highland pastures and then across hamlets surrounded by orchards and woodland. The trail runs along several minor roads and tracks through pastures, with a few stretches on single-track paths that are easy and enjoyable.

Useful information

Practice : Mountain bike (electric)

Duration : 3 h

Length : 27.8 km

Trek ascent : 1081 m

Difficulty : Difficult

Type : Loop

Themes : History , Pastoralism , Viewpoint

Accessibility : Chien autorisé

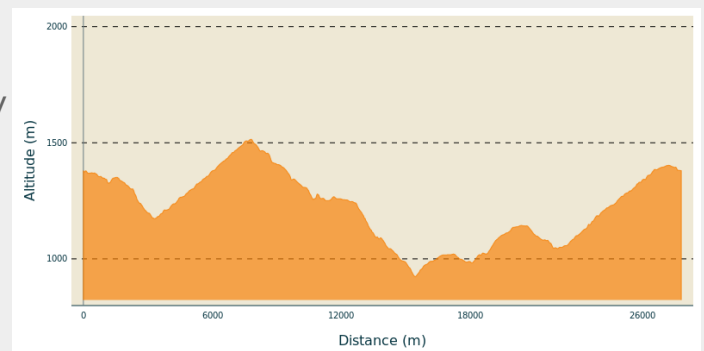
Trek

Departure : Rue du Bourg Valmorel OR Doucy resort

Arrival : Rue du Bourg Valmorel OR Doucy resort

Cities : 1. LES AVANCHERS-VALMOREL
2. LA LECHERE
3. SAINT-OYEN

Altimetric profile



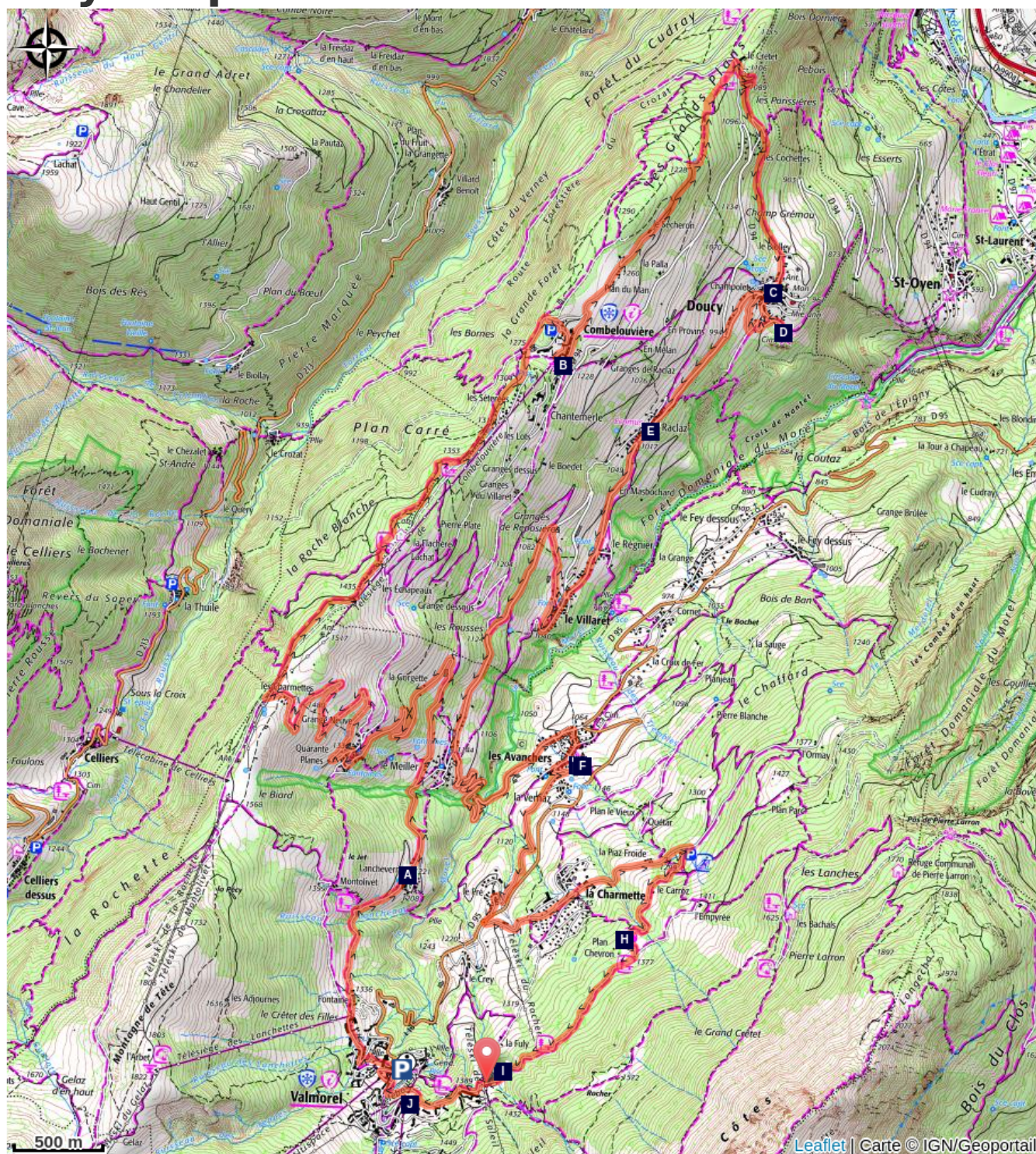
Min elevation 923 m Max elevation 1515 m










Setting off from the resort of Valmorel, this route takes you up towards the Montagne des Tête ridges along a superb mountain pasture track. Once in Les Charmettes, continue along the mountain bike paths to Combelouvière before making your way down as far as Doucy with its wonderful church. Follow the road to Les Avanchers next, and climb back up to Valmorel via the hamlet of La Charmette.

Follow the red waymarks: Vallée du Morel.

E-bike rentals:

On your path...



-  Lancheverne oven (A)
-  E-bike rental shop: Choucas Sport (Ski-set) (C)
-  Raclaz museum of yesteryear (E)
-  Museum of traditions (G)
-  Valmo'bourricot Farm (I)
-  Panoramic view from Doucy Resort (B)
-  St André's Church in Doucy (D)
-  St André's Church in Les Avanchers-Valmorel (F)
-  Le Bouc Blanc equestrian farm (H)
-  E-bike rental shop: La Trace Sport (J)

All useful information

Is in the midst of the park

The national park is an unrestricted natural area but subjected to regulations which must be known by all visitors.

Advices

Rando Vanoise has been designed to help you pick and choose your outings, but cannot be held liable where they are concerned. The mountain offers up a wide range of routes and trails for cyclists of all levels, but remember, it is a living, unpredictable environment and it is important that you head out suitably equipped. Ask advice from cycle rental operators.

If in doubt, you can take an introductory lesson in how to ride an electric bike with an instructor.

If you see a herd ahead, slow down and go round it. If there is a patou, a guard dog, climb down from your bike and walk, pushing it alongside you. Avoid making any sudden or aggressive gestures towards the dog and move away from the herd slowly and calmly. The dog will only be checking that you do not pose a threat to its herd. Respect the parkland and close gates behind you after you've gone through them.

The mountain is living, please respect it by staying on the paths and tracks.

How to come ?

Transports

Train services run as far as Moûtiers Salins Brides-Les-Bains, find out more at: www.oui.sncf.com.

You can then get a coach to Valmorel Bourg Morel.

Find out more at: www.transavoie.com

Have you also thought about car sharing?

Access

From Moûtiers, take the RD95 road towards Valmorel.

Advised parking

multi-storey car park P0, Le Bourg OR Doucy Resort car park

Accessibility



Chien autorisé

Information desks

Office de Tourisme de Valmorel et des Vallées d'Aigueblanche

Bourg Morel, 73260 Valmorel

info@valmorel.com

Tel : 04 79 09 85 55

<https://www.valmorel.com>

On your path...



Lancheverne oven (A)

This old communal oven, once owned by the feudal lord, is still occasionally used today to bake bread for village festivities - especially at the beginning of August to celebrate Les Avanchers Festival.

Attribution : Mairie des Avanchers



Panoramic view from Doucy Resort (B)

Take in the stunning panoramic view from this sunny balcony over the glaciers of La Vanoise, Le Beaufortain and the upper Tarentaise Valley. There is an interpretation table in front of the Jet de la Palla building to help you identify the scenery around you.

Attribution : CCVA



E-bike rental shop: Choucas Sport (Skiset) (C)

Doucy Station - Choucas Sport (Skiset)
Immeuble Les Arcades
73260 DOUCY COMBELOUVIERE

+33 (4) 79 24 30 32



St André's Church in Doucy (D)

Until the mid 15th century, the parish was under the provostship of Saint-Gilles-de-Verrès in the Aosta Valley.

The naves of this hall church comprise three bays with groin vaulting: in 1859, the Artari brothers, painters from the Aosta Valley, enhanced the central nave with decoration depicting the four evangelists surrounded by four prophets. Jacques Clérant and Claude Marin crafted the main altarpiece in 1698, in the centre of which is a painting by Gnifeta (1859) showing the suffering of St Andrew: around him are wreathed columns with vine branches and angel caryatids. These are supporting an entablature topped with a Christ on the cross, flanked by Mary and St John. Cherubs are showing the instruments of the Passion or gathering the blood in chalices. In 1708, Jacques Clérant and an unknown author sculpted the rosary altarpiece in Naïve style. Two wreathed columns with a climbing rose frame the sculpted panel of a Virgin with Child, accompanied by St Dominic and St Catherine of Siena. An array of paintings grace the side aisles. Closed to the public.

Attribution : CCVA



Raclaz museum of yesteryear (E)

Open since 1996, the museum of yesteryear in Raclaz takes you back in time on a tour of the old village school. Locals from the community will look forward to welcoming you for a fascinating glimpse into a classroom from 1945, a kitchen, a bedroom of old and the schoolmaster's apartment. There are tools and clothes on display in the schoolmaster's apartment and photos and documents from back in the day. The museum team would be delighted to answer any questions in addition to the explanatory panels already in place.

Open in July and August on Wednesdays, from 14:00 to 17:00. Free.

Please book ahead for groups.

Telephone: +33 (0)6 33 88 27 23

Attribution : Christian Rome



St André's Church in Les Avanchers-Valmorel (F)

St André's Church was built in 1676, where a previous building had once stood, most probably from the 13th century. This Baroque-style church has retained the former Romanesque-style bell tower, which used to house four bells up until the French Revolution. Today, only three remain, two of which were cast in the 19th century and one which dates back to 1613, as you can read on an engraved inscription.

Attribution : Mairie des Avanchers



Museum of traditions (G)

Uncover the secrets of what daily life in the mountains used to be like in a house that has been standing for more than three centuries. It still bears the original décor both inside and out! Museum founded in July 1991 by Michel Théate, a resident of Les Quarante-Planes. He has safeguarded this heritage over the years, and showcased its wealth, by looking after artefacts and documents of all kinds (most of which are loans or donations from other residents, and the remainder of which were bought by the founder himself), to hikers and visitors to the village curious to know more about mountain life in the old days.

Open from July to September: Tuesdays and Fridays

Musée des traditions : Quarante Planes 73260 - Les Avanchers-Valmorel

Telephone: +33 (0)4 79 09 86 05

<https://lalecherelesbains.valmorel.com/api/activite/les-avanchers-valmorel/musee-des-traditions-de-quarante-planes/219562-5/>

Attribution : CCVA



Le Bouc Blanc equestrian farm (H)

Do make a point of visiting this little farm where Shetland ponies and Comtois draft horses are reared, as you can enjoy a ride on one of them while you're there!

Plan Chevron - La Charmette

73260 Les Avanchers-Valmorel

Attribution : aptv_redac



Valmo'bourricot Farm (I)

All sorts of animals live on this mini-farm - hens, geese, pigs, goats and rabbits ... Come and learn more about how they are reared in the mountain environment. You can even go for a donkey ride and take away some soap made from the milk of a jenny (female donkey). An ideal family outing!

Open in summer.

Price: €5. Free for under 3s. Admission included in the Pass'Aventure.

Children must be accompanied by a responsible adult.

Valmo Bourricot, 73260, LES AVANCHERS VALMOREL

Tel: +33 (0)6.81.17.11.51 / +33 (0)6.77.61.49.65

<https://www.valmorel-ane.fr/la-mini-ferme-de-valmo-bourricot/>

Attribution : Scalp-OTVVA 7



E-bike rental shop: La Trace Sport (J)

La Trace Sports
Immeuble Les Pierres-Plates
hameau Crève-Coeur
73260 VALMOREL

+33 (0) 4 79 09 81 07