



Burdin Wetland Trail

Vanoise - LES BELLEVILLE



Sur le sentier des zones humides de Burdin (Céline RUTTEN)

This family walk along the Doron de Belleville, punctuated by interpretative panels, offers you some wonderful surprises.

“The wetlands are often overlooked, yet they contain a number of treasures. From the edible plants (try my favourite, Meadowsweet herbal tea) to the amazing animals (the dragonflies that could be taken for helicopters), these places are really worth a visit.” Céline Rutten, Vanoise National Park ranger

Useful information

Practice : Walking hike

Duration : 1 h

Length : 1.7 km

Trek ascent : 24 m

Difficulty : Very easy

Type : Loop

Themes : Fauna , History

Trek

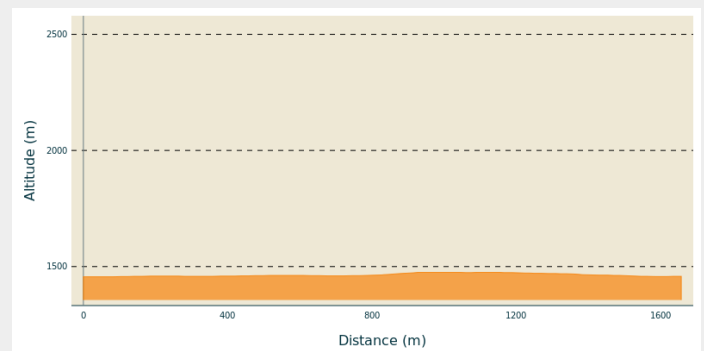
Departure : Locality of “Les Iles”, St Marcel

Arrival : Locality of “Les Iles”, St Marcel

Markings : ■ PR

Cities : 1. LES BELLEVILLE

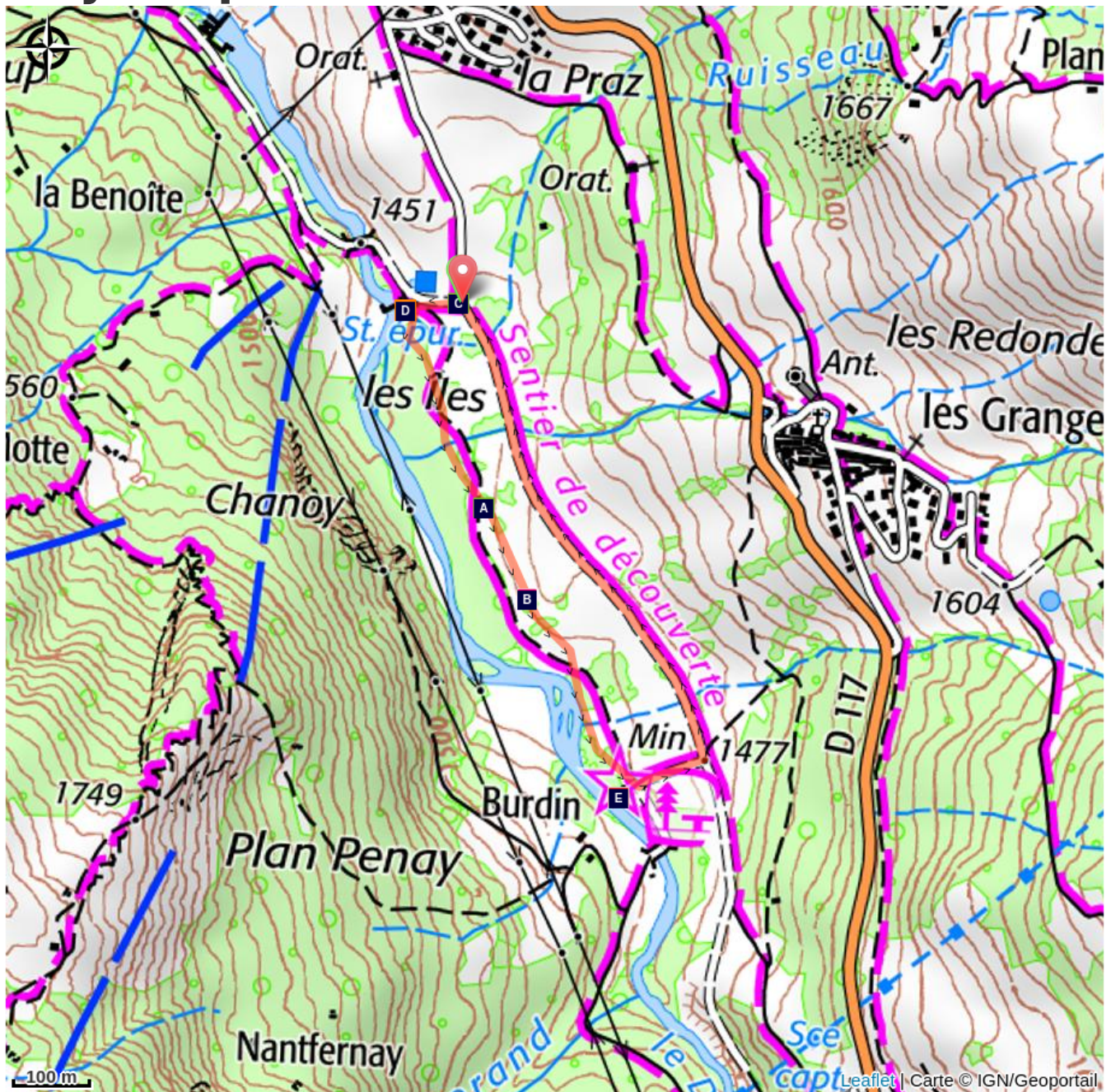
Altimetric profile




Min elevation 1456 m Max elevation 1475 m

From the car park, follow the sign for “sentier zones humides” (wetland trail). It will take you to the St Marcel dam, 30 m from the car park. Then continue on the left in the direction of the 3 interpretive panels in the undergrowth. Reach the Moulin de Burdin. Return via the same route or by the vehicle track.

On your path...



 A dead wood lives on (A)

 The roles and functions of the wetlands (C)

 The Moulin de Burdin (E)

 Glaciation (B)

 Saint Marcel Dam (D)

All useful information

AdVICES

The wetlands are fragile environments, do not depart from the paths.

How to come ?

Transports

Rail connection to Moûtiers. Information: www.voyages-sncf.com. Then transport by coach to Ménuires. Information: www.transavoie.com Free shuttle buses to the “Vallée des Belleville” Information: transdev Savoie. Departure for the hike approximately 1km from the village centre.

Access

From Moutiers take the D117 in the direction of the “Vallée des Belleville” (Val Thorens and Les Ménuires). Pass Saint-Jean-de-Belleville and pass the administrative centre of Saint-Martin-de-Belleville, then continue on the D117 for 2km. At the signpost for Saint Marcel turn two times to the right to reach the village centre, continue in the direction of the locality of “Iles” and park next to the dam by the path’s welcome sign.

Advised parking

Locality of “Les Iles”, St Marcel, at the welcome sign of the interpretative trail

Accessibility

No special disability amenities

On your path...



A dead wood lives on (A)

A dead tree is a habitat within itself, used for breeding and nutrition by larvae and other organisms. These organisms thereby actively participate in the decomposition and natural recycling of organic matter to form the humus and thereby facilitate the growth of new plants.

Attribution : Cl  mence MEYRUEY



Glaciation (B)

20,000 years ago, immense glaciers covered the whole of the French Alps reaching the Rhone Valley as far as Lyon. These glaciers carved out the mountains and valleys, giving rise to lakes and peat bogs. The P  clet glacier, like other glaciers in the Alps, has heavily diminished in extent over the last 40 years.

Attribution : Jacques PERRIER



The roles and functions of the wetlands (C)

Marshes, swamps, bogs...names that remind us of enigmatic and often unrecognised places. Their typical vegetation is formed of plants adapted to the cold and humid climate of our mountains. These wetlands are beneficial as they regulate the flow of water, trap sediment and filter pollutants. The water discharged is therefore of better quality. The willows (*Salix*) or the Meadowsweet (*Filipendula ulmaria*), two species inhabiting these wetlands, have interesting medicinal properties. Man extracts their active substances which are used as components in aspirin.

Attribution : BANTIN Louis



Saint Marcel Dam (D)

The St Marcel dam on the Doron de Belleville was built in 2008. It constitutes a water intake for the network of artificial snow of M  nuires. A fishway was integrated into the structure to allow fish circulation particularly brown trout and rainbow trout in the Doron.

Attribution : Frantz Storck



The Moulin de Burdin (E)

Renovated in 1996 by the municipality of Les Belleville, the Moulin de Burdin is a witness to the intense agricultural activity that reigned in the valley barely more than 50 years ago. The meadows surrounding the villages were then fields of rye, barley or oats. The amenities of the valley's ski areas have changed the social and economic life of the valley. Inside the mill, an exhibition explains the functioning of its mechanism and its historical context. Free guided tours are organised during the summer period.

Attribution : Céline RUTTEN