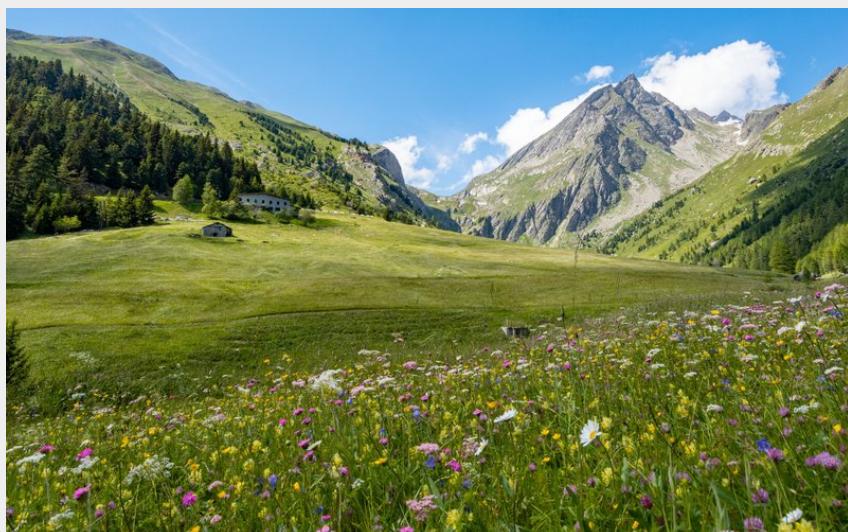
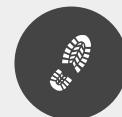
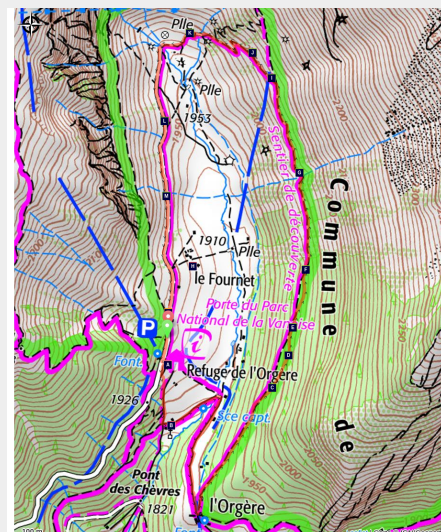


Vallon de l'Orgère

Vanoise - VILLARODIN-BOURGET



Les prairies fleuries du Vallon de l'Orgère (Chloé TARDIVET)



An interpretive trail that crosses the marmots' preferred terrain before entering a forest of cembro pines hundreds of years old, brought to life by the mischievous spotted nutcrackers.

The valley of Orgère is a natural setting hanging over the Maurienne Valley where a wild and ancient forest shares the space with meadows maintained by several generations of farmers. Here, both wild and domesticated nature live in perfect harmony under the ominous but benevolent vigilance of the Aiguille Doran.

Useful information

Practice : Walking hike

Duration : 3 h 30

Length : 4.3 km

Trek ascent : 197 m

Difficulty : Very easy

Type : Loop

Themes : Architecture, Fauna , Flora

Accessibility : Pushchair , Wheelchair

Trek

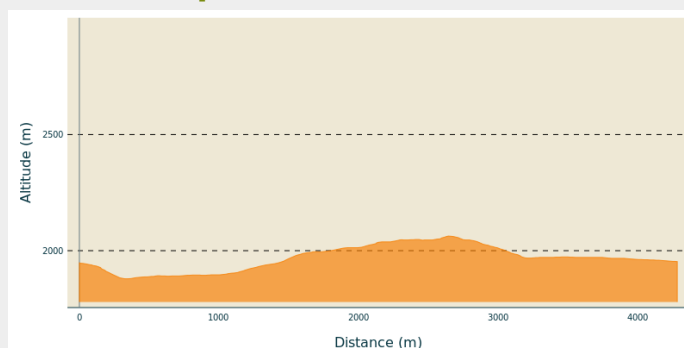
Departure : Orgère car park, Villarodin-Bourget

Arrival : Orgère car park, Villarodin-Bourget

Markings : ■ PR

Cities : 1. VILLARODIN-BOURGET

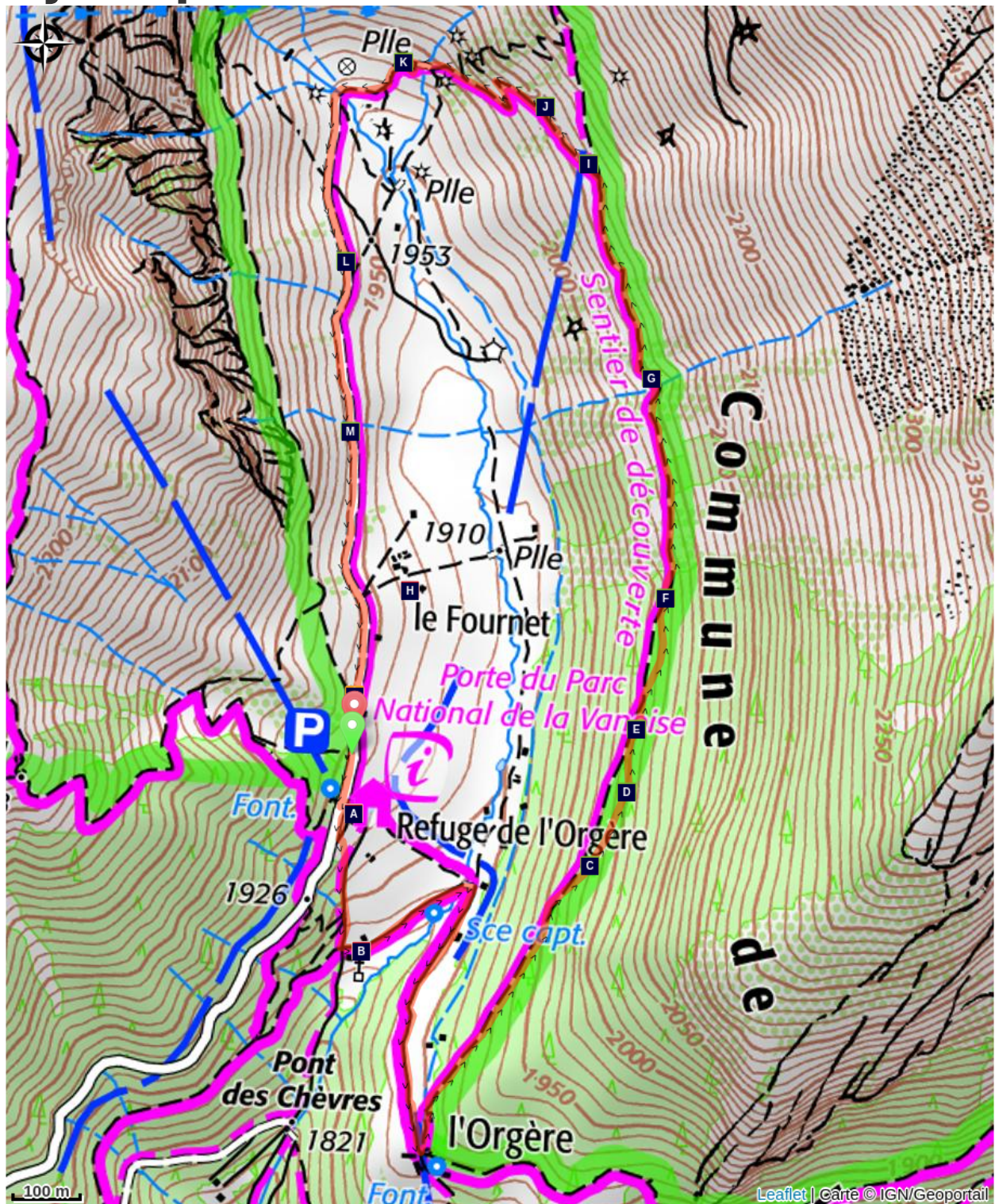
Altimetric profile

















Min elevation 1879 m Max elevation 2063 m

Park in the Orgère car park located after the refuge at the end of the road. Then take the old EDF track, located at the bottom of the car park. Follow the discovery trail marked by landmarks and equipped with visual, audible and tactile interpretation stations. Pass a concrete bridge that straddles the Povaret stream to reach the foot of the Aiguille Doran. Here the section of the trail labelled “Promenade de confort” ends. For people with reduced mobility and pushchair users, return to the car park by the outward route. For hikers wishing to complete the loop, follow a path to a wooden footbridge to cross the Masse stream. Continue along a winding path until you reach a crossing which is also the summit of this hike. At this crossing, turn right following the markers for the discovery trail. After walking through the rhododendrons, enter the heart of the forest, while continuing to descend gradually, exit the forest to reach a second crossing, located near the chalets. Take a right on an off-road track, arrive at a stone bridge crossing the Povaret stream. Continue on, then cross a group of buildings, including a chapel on your left. Follow the markers for the discovery trail and climb through a softwood forest by a winding path. Come out on to a road, climbing back up to reach the car park.

On your path...



-  Refuge de l'Orgère (A)
-  The black woodpecker and the boreal owl (C)
-  Lichens (E)
-  The ferruginous rhododendron (G)
-  The black grouse (I)
-  The marmot (K)
-  The small tortoiseshell (M)
-  Chapel of "Notre-dame-des-Neiges" (B)
-  The spotted nutcracker (D)
-  The Orgère forest (F)
-  The chalets (H)
-  The red deer (J)
-  The colours of autumn (L)
-  The Orgère valley (N)

All useful information

Advices

As the trail largely borders the heart of the park, you are strongly advised to keep any dogs accompanying you on a leash. This also prevents any interactions with animals in the mountain pastures.

How to come ?

Transports

"

Rail connection to Modane. Information: www.voyages-sncf.com

Then transport by coach to Villarodin. Information: www.transavoie.com

No public transport between Villarodin Orgère car park.

Suggested hitchhiking organised in the Haute-Maurienne valley. Information: www.rezopouce.fr

"

Access

From the exit of the A43 motorway, take the direction of Modane. At the Freney roundabout, take the RD 106 towards the Refuge de l'Orgère which is signposted. After a 30 minute drive, pass the Refuge on your right to access the car park.

Advised parking

Orgère car park, Villarodin-Bourget

Accessibility

Accessible path of about 1.4 km for people with reduced mobility and motor disabilities, certified

"Promenade confort" (comfort trail), with two disabled parking spaces. The trail is punctuated by

stations consisting of tactile features, models and sound stations. The National Park's Refuge-Porte de l'Orgère has been certified "Accessible Tourism" for the 4 disability types since 2014.



Pushchair



Wheelchair

Information desks

Point Info Tourisme Modane

Maison Cantonale, 9 Place Sommeiller,
73500 Modane

info@cchmv.fr

Tel : 04 79 05 26 67

<https://www.cchautemaurienne.com>

Point info Parc national de la Vanoise - Modane

Maison cantonale - Place sommeiller,
73500 Modane

Tel : 04 79 62 30 54

<https://www.vanoise-parcnational.fr>

On your path...



Refuge de l'Orgère (A)

Acquired in 1969 by the Vanoise National Park, former residence of EDF workers, the Refuge de l'Orgère is one of the 4 "refuges-portes" (gateway shelters) of Vanoise National Park.

Attribution : PNV - PERRIER Jacques



Chapel of "Notre-dame-des-Neiges" (B)

During the summer, it was difficult to get down to the village for church services. Chapels were therefore built on the mountain pastures. The lauze roofing and architecture of the building show us how local materials were once used, with the sparing use of wood. In order to avoid mountain hazards such as rock falls and avalanches, the religious buildings such as oratories or crosses figure prominently on the mountain.

Attribution : PNV - DEFFRENNES Benoît



The black woodpecker and the boreal owl (C)

"Although timid, the largest of the European peckers rarely goes unnoticed because of its ""kraaak kraaak kraaak"" cries in flight often followed by a powerful ""zhreee"" when it lands. Black and the size of a crow, the male has a red cap covering the whole skull which is limited to the neck in the female. Seeking out old trees to dig its nest, its role is decisive for the boreal owl. This boreal forest owl cannot dig its own home in the wood, so it must use the old homes made by the black woodpecker."

Attribution : PNV - MOLLARD Maurice



The spotted nutcracker (D)

Known as the ghost of the forest, it is often its raucous cry that will call you, before you see it, flying through the branches. If you are a bird watcher, you may have already noticed near the outskirts of the trail the many cembro pine cones which it took care to dissect with its powerful beak to extract the seeds. They have a large number of reserves which they hide in multiple places throughout the forest and which they can find with absolute precision thanks to a highly developed localisation technique. The forgotten seeds will germinate and help in the reproduction of the cembro pine.

Attribution : PNV - PLOYER Jean-Yves



✿ Lichens (E)

A lichen is the fruit of a symbiosis between an algae and a fungus: the fungus protects the algae, giving it water and mineral salts and the algae produces sugars and other products, which it shares with the fungus. An excellent indicator of air quality, capable of withstanding extreme living conditions, there are a great many species in the Orgère forest, including wolf lichen, which grows almost exclusively on the larch tree. With a bright sulphur-yellow colour, it is the only toxic lichen in France. Legend has it that it takes its name from its alleged use as a poison against the wolf.

Attribution : PNV - TISSOT Nathalie



✿ The Orgère forest (F)

Comprised of a mixture of cembro pines and European larches, the Orgère forest has derived its richness from the absence of logging since 1943. As a result, it has ecological characteristics that bring it closer to primary forests with many centuries-old trees and a large proportion of dead wood.

Attribution : PNV - BUCZEK Jessica



✿ The ferruginous rhododendron (G)

Often called the "rose of the Alps", the rhododendron blooms with striking pink flowers in June. Its secret? It prepares next year's flower buds at the end of the summer. These buds, protected from the cold and frost by the snow, can withstand the rigours of winter and thus flower very early. The ferruginous quality doesn't come from the colour of the flowers but from the rusty colour of the underside of its leaves.

Attribution : PNV - BALAIS Christian



🏠 The chalets (H)

"When most of the flat areas, more suitable for building chalets, were occupied, it was necessary to build on the slope, in areas more exposed to avalanches. Some chalets therefore had to be built with a specific architecture in order to resist avalanches: semi-buried, oriented in the direction of the slope and protected by a protective promontory called a "tourne"."

Attribution : PNV - BREGEON Sébastien



The black grouse (I)

Inhabiting the upper limits of the alpine forest and the fields of bilberries and rhododendron, the black grouse is also known as the black cock. Very discreet, thanks to its brown homochromatic plumage, the female is very difficult to spot. With its black plumage and its lyre-shaped tail after which it is named, the male is much less so. Especially in the spring, at daybreak when the cocks engage in spectacular courtship displays alternating between combat and intimidation when they coo and hiss powerfully.

Attribution : PNV - BENOÎT Philippe

The red deer (J)

As a result of hunting and logging, the deer had all but disappeared from the Savoy forests. Reintroduced between 1958 and 1973, it has adapted remarkably well to the mountain environment to form a fine population. In autumn the mating season gives rise to spectacular fighting between males, but it is the raucous and powerful cries of the deer that bring the valley to life. Taking advantage of the peacefulness of the place, the animals bellow practically all day long.



The marmot (K)

The alpine look-out will often see you before you see her and will signal your presence by a shrill cry, unless she wishes to warn her fellow-mates of the arrival of an eagle. Ever-present on the lower part of the route, often curious, she will delight hikers, both old and young alike, who visit the valley. Most importantly, do not feed them! Food which is not suited to them will harm their health and their survival.

Attribution : PNV - POULET Laetitia



The colours of autumn (L)

If you get the chance, do this hike in the autumn. The mélézin is adorned by beautiful golden hues. The large-fruit fireweed opens up to release a multitude of seeds surmounted by silky-white snow like threads. And higher up the ubac, the bilberry moors take on a beautiful red hue. Under the effect of the first frosts the alpine pastures are adorned with pretty warm colours that contrast sharply with the white of the first snows covering the summits.

Attribution : PNV - DEFRENNES Benoit



The small tortoiseshell (M)

The small tortoiseshell is the first butterfly to land on the flowers which are barely out of the snow. The caterpillars feed only on nettles. They can be seen on their leaves piled into bundles with their two yellow bands on their backs. The butterfly, on the other hand, is orange in colour, inlaid with ebony and hemmed with a ring of blue spots around the edge of the wings.

Attribution : PNV - FOLLIET Patrick



The Orgère valley (N)

Orgère, where barley was grown. In past centuries, the need for pastures, hayfields and cultivated land on flat or slightly hilly areas forced man to deforest, even at high altitude. The right bank of the valley, presenting a gentler profile, was the most exploited. The rocks which clutter the plots are regularly placed in heaps, to form mounds of stones which still remain in the valley. Used during the summer, the valley was brought to life by about fifteen families and their little flock.

Attribution : PNV - PERRIER Jacques